

Rothman Kj Epidemiology An Introduction

Rothman KJ Epidemiology: An Introduction

Every now and then, a topic captures people's attention in unexpected ways. Epidemiology, the cornerstone of public health, helps us understand how diseases spread, who is at risk, and how interventions can save lives. Kenneth J. Rothman's book, "Epidemiology: An Introduction," stands out as a seminal resource for students, researchers, and public health professionals eager to grasp the essentials of this vital field.

What Makes Rothman's Approach Unique?

Unlike many technical texts, Rothman's introduction to epidemiology balances scientific rigor with clarity and accessibility. His writing unfolds complex concepts into digestible segments without sacrificing depth. For many beginners, this book offers a stepping stone from curiosity to competence,

weaving in clear examples and thought-provoking questions.

Core Concepts in "Epidemiology: An Introduction"

The book opens with foundational themes such as measures of disease frequency, study designs, and the principles of causality. Rothman emphasizes the importance of understanding risk, rate, and proportion, enabling readers to interpret data accurately within real-world contexts. Moreover, he highlights the role of bias and confounding in research, equipping learners with the tools to critically appraise studies.

How This Book Shapes Public Health Practice

Rothman's text does not merely dwell in theory; it connects epidemiologic principles to practical applications. Public health policies, preventive strategies, and clinical decisions often rely on epidemiological evidence. By demystifying how such evidence is gathered and analyzed, the book empowers readers to participate more effectively in health-related discussions and decision-making processes.

Why Choose Rothman's "Epidemiology: An Introduction"?

The book's structured approach, clear language, and real-

world applicability make it a preferred choice in academic settings worldwide. It caters to diverse audiences, from medical students to experienced practitioners seeking a refresher. Its enduring popularity attests to Rothman's success in making epidemiology both understandable and compelling.

Conclusion

There's something quietly fascinating about how Rothman's work connects so many fields – medicine, statistics, social science, and public policy – under the umbrella of epidemiology. Whether you're embarking on a career in health sciences or simply interested in how diseases influence populations, "Epidemiology: An Introduction" offers a clear, authoritative guide that enriches your understanding and sharpens your analytical skills.

Rothman KJ Epidemiology: An Introduction to the Fundamentals

Epidemiology, the study of the distribution and determinants of health-related states or events in specified populations, is a cornerstone of public health. Kenneth J. Rothman's "Epidemiology: An Introduction" is a seminal work that has guided countless students and professionals through the complexities of this vital field. This comprehensive guide delves into the principles, methods, and applications of epidemiology, making it an indispensable resource for anyone interested in

understanding the patterns and causes of disease.

The Foundations of Epidemiology

Rothman's text begins by laying a solid foundation in the basic concepts of epidemiology. It explores the definitions and scope of the field, distinguishing between descriptive and analytical epidemiology. Descriptive epidemiology focuses on the who, what, when, and where of health events, while analytical epidemiology seeks to understand the why and how. This dual approach provides a holistic view of health issues, enabling researchers to identify risk factors and develop effective interventions.

Key Concepts and Methodologies

The book delves into key concepts such as incidence, prevalence, and the various study designs used in epidemiological research. Rothman explains the differences between cohort studies, case-control studies, and cross-sectional studies, highlighting the strengths and limitations of each. Understanding these methodologies is crucial for designing robust studies and interpreting their results accurately.

Measures of Disease Frequency

Measures of disease frequency, such as incidence rate and prevalence, are fundamental to epidemiology. Rothman's work provides clear explanations of these measures, illustrating how

they are calculated and interpreted. For instance, incidence rate measures the number of new cases of a disease over a specified period, while prevalence reflects the total number of cases, both new and existing, at a given time. These measures are essential for assessing the burden of disease in a population and guiding public health policies.

Causality and Bias

One of the most challenging aspects of epidemiology is establishing causality. Rothman discusses the criteria for causality, including strength of association, consistency, specificity, temporality, biological gradient, plausibility, coherence, experiment, and analogy. He also addresses the issue of bias, which can distort the results of epidemiological studies. Common types of bias, such as selection bias, information bias, and confounding, are explored in detail, along with strategies to minimize their impact.

Applications in Public Health

The practical applications of epidemiology in public health are vast. Rothman's text illustrates how epidemiological methods are used to identify risk factors for diseases, evaluate the effectiveness of interventions, and monitor the health of populations. For example, epidemiological studies have been instrumental in identifying the link between smoking and lung cancer, leading to widespread public health campaigns and regulatory measures.

Ethical Considerations

Epidemiological research involves human subjects, raising important ethical considerations. Rothman emphasizes the need for ethical conduct in research, including obtaining informed consent, ensuring confidentiality, and minimizing harm to participants. These principles are essential for maintaining public trust and ensuring the integrity of epidemiological studies.

Conclusion

Kenneth J. Rothman's "Epidemiology: An Introduction" is a comprehensive and accessible guide to the principles and practices of epidemiology. Whether you are a student, researcher, or public health professional, this book provides the knowledge and tools needed to understand and apply epidemiological methods effectively. By mastering the concepts and techniques outlined in this text, you can contribute to the advancement of public health and the improvement of population health outcomes.

Analytical Insights into Rothman Kenneth J. Rothman's "Epidemiology: An Introduction"

In the landscape of epidemiologic literature, Kenneth J. Rothman's "Epidemiology: An Introduction" represents a

pivotal work that has shaped the discipline's educational framework. This analytical article delves deeply into the book's thematic structure, methodological robustness, and its broader implications in epidemiology and public health.

Contextualizing Rothman's Contribution

Emerging at a time when epidemiology sought clearer methodological foundations, Rothman's text provided a systematic exposition of concepts that had previously been scattered across various sources. His focus on causality, bias, and study design was instrumental in standardizing the language and approach within epidemiologic research, bridging gaps between theory and practice.

Structural and Thematic Analysis

The book's architecture is meticulously crafted to guide readers from basic definitions through complex analytical frameworks. Rothman treats measures of disease frequency and association with mathematical rigor while simultaneously elucidating their practical implications. His treatment of confounding and effect modification demonstrates an acute awareness of the challenges researchers face when interpreting data.

Interpretation of Causality in Epidemiology

One of Rothman's significant contributions is his nuanced

discourse on causality. Moving beyond simplistic cause-effect paradigms, he introduces a conceptual framework that incorporates sufficient-component cause models. This perspective fosters a multifactorial understanding of disease etiology, encouraging epidemiologists to consider interacting causes rather than isolated risk factors.

Impact on Public Health Research and Policy

Rothman's text extends its influence beyond academia into public health decision-making. By clarifying the strengths and limitations of various study designs, from cohort to case-control studies, the book equips researchers and policymakers with tools to evaluate evidence critically. This critical appraisal is indispensable when translating epidemiologic findings into health interventions and policy formulation.

Critical Perspectives and Limitations

While Rothman's book is widely lauded for clarity and depth, some scholars note its dense statistical components may challenge readers without a quantitative background. Moreover, the evolving nature of epidemiologic methods means some sections require supplementation with current literature to address advances in molecular epidemiology and big data analytics.

Concluding Reflections

Overall, "Epidemiology: An Introduction" by Kenneth J. Rothman remains a foundational text that combines methodological rigor with insightful interpretation. Its enduring relevance attests to its utility in educating generations of epidemiologists and enhancing the scientific underpinnings of public health research and practice.

Analyzing Rothman KJ Epidemiology: An Introduction

Kenneth J. Rothman's "Epidemiology: An Introduction" is a foundational text that has shaped the field of epidemiology for decades. This analytical article delves into the key themes and insights presented in Rothman's work, examining its impact on public health research and practice. By exploring the book's structure, methodologies, and applications, we can gain a deeper understanding of its significance in the realm of epidemiological studies.

The Structure and Scope

Rothman's text is meticulously structured to provide a comprehensive overview of epidemiology. The book begins with an introduction to the basic concepts and definitions, setting the stage for more advanced topics. It then progresses through various study designs, measures of disease frequency, and the principles of causality. The final sections focus on the practical

applications of epidemiology in public health and the ethical considerations involved in research. This logical progression ensures that readers develop a solid foundation before tackling more complex issues.

Study Designs and Methodologies

The book places a strong emphasis on the different study designs used in epidemiological research. Rothman explains the advantages and disadvantages of cohort studies, case-control studies, and cross-sectional studies, providing readers with the tools to design and interpret their own studies. For instance, cohort studies are particularly useful for investigating the natural history of diseases, while case-control studies are more efficient for studying rare outcomes. By understanding these methodologies, researchers can choose the most appropriate design for their specific research questions.

Measures of Disease Frequency

Measures of disease frequency, such as incidence rate and prevalence, are central to epidemiology. Rothman's work provides detailed explanations of these measures, illustrating their importance in assessing the burden of disease. Incidence rate, for example, is crucial for understanding the risk of developing a disease over time, while prevalence provides a snapshot of the disease burden at a specific point in time. These measures are essential for public health planning and resource allocation.

Causality and Bias

Establishing causality is one of the most challenging aspects of epidemiological research. Rothman discusses the criteria for causality, including strength of association, consistency, specificity, temporality, biological gradient, plausibility, coherence, experiment, and analogy. He also addresses the issue of bias, which can distort the results of studies. Common types of bias, such as selection bias, information bias, and confounding, are explored in detail, along with strategies to minimize their impact. Understanding these concepts is crucial for conducting rigorous and reliable research.

Applications in Public Health

The practical applications of epidemiology in public health are vast. Rothman's text illustrates how epidemiological methods are used to identify risk factors for diseases, evaluate the effectiveness of interventions, and monitor the health of populations. For example, epidemiological studies have been instrumental in identifying the link between smoking and lung cancer, leading to widespread public health campaigns and regulatory measures. These applications highlight the critical role of epidemiology in improving population health outcomes.

Ethical Considerations

Epidemiological research involves human subjects, raising important ethical considerations. Rothman emphasizes the need

for ethical conduct in research, including obtaining informed consent, ensuring confidentiality, and minimizing harm to participants. These principles are essential for maintaining public trust and ensuring the integrity of epidemiological studies. By adhering to ethical guidelines, researchers can conduct studies that are both scientifically valid and socially responsible.

Conclusion

Kenneth J. Rothman's "Epidemiology: An Introduction" is a seminal work that has significantly influenced the field of epidemiology. Its comprehensive coverage of key concepts, methodologies, and applications makes it an invaluable resource for students, researchers, and public health professionals. By analyzing the book's structure, themes, and insights, we can appreciate its enduring impact on public health research and practice. Rothman's work continues to guide the next generation of epidemiologists, ensuring that the principles and practices of epidemiology remain robust and relevant.

Every reader approaches a book with different expectations. Some are searching for answers, others for guidance, and many simply want clarity. What makes the option to download **Rothman Kj Epidemiology An Introduction** appealing is not only the content itself, but the way it adapts to these varied intentions without imposing a fixed path. Access becomes personal. A reader can open the book with a clear goal in mind, or with no plan at all. Both approaches work. There is no pressure to follow a strict order, no obligation to read everything

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progression, others follow curiosity across sections. The format accommodates both, allowing each reader to shape their own path through **Rothman Kj Epidemiology An Introduction**. Accessibility features extend participation. Adjustable text size, reading assistance tools, and compatibility with support technologies ensure that more people can engage comfortably. These features quietly expand access without altering content. Organization becomes intuitive. Digital libraries grow alongside interests and goals. Files remain searchable, notes preserved, and insights easy to revisit. Learning feels cumulative rather than scattered. Another subtle advantage lies in reduced pressure. When readers know they can return at any time, they feel less urgency to understand everything immediately. Ideas settle through repetition and reflection, leading to deeper comprehension. Global availability adds perspective. Readers from different regions engage with the same material, often bringing varied interpretations. This shared access broadens understanding and highlights the value of multiple viewpoints. Exploration becomes natural when effort is minimal. Readers venture beyond familiar subjects, connecting ideas across disciplines. This openness strengthens creativity and encourages critical thinking. Long-term engagement is supported by continuity. Notes saved today remain relevant tomorrow. Bookmarks placed months ago still guide attention. Learning evolves instead of resetting. Books take on a different role. They become resources that wait rather than demand. They remain present, ready to support new questions and changing interests. Over time, this steady availability shapes attitude. Learning feels

approachable. Curiosity feels justified. Understanding feels earned through consistency rather than urgency. Accessing **Rothman Kj Epidemiology An Introduction** in this way aligns with real-life rhythms. It respects limited time, varied attention, and changing priorities. Learning becomes something that accompanies daily life rather than competing with it. Rather than pushing toward a finish line, the experience encourages return. Each revisit brings new context and deeper insight. Familiar sections reveal new meaning as perspective shifts. Knowledge grows quietly through this process. There is no dramatic endpoint, only gradual accumulation. Ideas connect, understanding strengthens, and confidence develops naturally. In this space, learning does not announce itself. It unfolds through small choices, repeated engagement, and ongoing curiosity. The book remains nearby, ready whenever questions appear, offering not closure, but continuity.

Questions & Answers About rothman kj epidemiology an introduction

No	Question	Answer
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1	Who is Kenneth J. Rothman and why is his book important?	Kenneth J. Rothman is a prominent epidemiologist whose book "Epidemiology: An Introduction" is considered a foundational text because it clearly explains the principles of epidemiology in an accessible yet rigorous manner, making it essential for students and professionals in public health.
2	What core topics does "Epidemiology: An Introduction" cover?	The book covers essential topics including measures of disease frequency, study designs (such as cohort and case-control studies), causality concepts, bias, confounding, and effect modification.
3	How does Rothman's book address the concept of causality?	Rothman introduces the sufficient-component cause model, which views causality as multifactorial and interactive, moving beyond simple cause-effect relationships to better explain complex disease etiologies.
4	Why is understanding bias and confounding important in epidemiology?	Bias and confounding can distort study results and lead to incorrect conclusions; Rothman's book explains how to identify and control these factors to ensure accurate interpretation of epidemiologic data.
5	Who can benefit from reading Rothman's "Epidemiology: An Introduction"?	The book is valuable for medical students, public health professionals, researchers, and anyone interested in understanding the principles and methods of epidemiology.

6	What are the strengths of Rothman's approach in this book?	Rothman's strengths include clear explanations, detailed examples, integration of statistical concepts with practical applications, and a structured progression from basic to advanced topics.
7	Are there any limitations to Rothman's "Epidemiology: An Introduction"?	Some readers may find the statistical content challenging, and the book may require supplementation with current research to cover recent advances in the field.
8	How does the book impact public health policy?	By providing a thorough understanding of epidemiologic evidence, the book helps policymakers critically evaluate research to develop effective health interventions and policies.
9	What study designs are emphasized in Rothman's text?	The book emphasizes cohort studies, case-control studies, cross-sectional studies, and randomized controlled trials, discussing their applications and limitations.
10	How does Rothman make epidemiology accessible to beginners?	He uses clear language, real-world examples, and step-by-step explanations to simplify complex concepts, making the subject approachable for those new to epidemiology.

1 1	What are the basic concepts of epidemiology as outlined in Rothman's work?	Rothman's work begins by defining the scope of epidemiology, distinguishing between descriptive and analytical epidemiology. Descriptive epidemiology focuses on the who, what, when, and where of health events, while analytical epidemiology seeks to understand the why and how.
1 2	How does Rothman differentiate between cohort studies and case-control studies?	Rothman explains that cohort studies are useful for investigating the natural history of diseases, following a group of individuals over time to observe the development of outcomes. Case-control studies, on the other hand, are more efficient for studying rare outcomes by comparing individuals with the outcome (cases) to those without it (controls).
1 3	What are the key measures of disease frequency discussed in Rothman's book?	The key measures of disease frequency discussed in Rothman's book are incidence rate and prevalence. Incidence rate measures the number of new cases of a disease over a specified period, while prevalence reflects the total number of cases, both new and existing, at a given time.

1 4	What criteria does Rothman use to establish causality in epidemiological studies?	Rothman discusses the criteria for causality, including strength of association, consistency, specificity, temporality, biological gradient, plausibility, coherence, experiment, and analogy. These criteria help researchers determine whether an observed association is likely to be causal.
1 5	How does Rothman address the issue of bias in epidemiological research?	Rothman explores common types of bias, such as selection bias, information bias, and confounding, and provides strategies to minimize their impact. Understanding and addressing bias is crucial for conducting rigorous and reliable research.
1 6	What are the practical applications of epidemiology in public health, as outlined by Rothman?	Rothman's text illustrates how epidemiological methods are used to identify risk factors for diseases, evaluate the effectiveness of interventions, and monitor the health of populations. These applications highlight the critical role of epidemiology in improving population health outcomes.
1 7	Why are ethical considerations important in epidemiological research, according to Rothman?	Rothman emphasizes the need for ethical conduct in research, including obtaining informed consent, ensuring confidentiality, and minimizing harm to participants. These principles are essential for maintaining public trust and ensuring the integrity of epidemiological studies.

1 8	How does Rothman's book help in designing robust epidemiological studies?	Rothman's work provides clear explanations of various study designs, measures of disease frequency, and the principles of causality. By understanding these concepts, researchers can design robust studies and interpret their results accurately.
1 9	What role does epidemiology play in public health planning and resource allocation?	Epidemiology plays a crucial role in public health planning and resource allocation by providing measures of disease frequency, such as incidence rate and prevalence. These measures help assess the burden of disease and guide the allocation of resources to address health issues effectively.
2 0	How has Rothman's work influenced the field of epidemiology?	Rothman's work has significantly influenced the field of epidemiology by providing a comprehensive and accessible guide to the principles and practices of epidemiology. It has shaped the way researchers design and interpret studies, contributing to the advancement of public health and the improvement of population health outcomes.

bias and confounding, bias in research, case-control studies, causality criteria, causality in epidemiology, cohort studies, disease frequency measures, epidemiologic methods, epidemiologic study designs, epidemiology basics, epidemiology for beginners, epidemiology introduction, epidemiology textbook, ethical considerations in research, incidence rate, kenneth j rothman, prevalence, public health applications, public health epidemiology, sufficient-component cause model

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Logical sequencing reduces cognitive overload.

As digital learning expands, Rothman Kj Epidemiology An Introduction eBooks maintain relevance.

Digital Rothman Kj Epidemiology An Introduction books serve as long-term reference assets that can be revisited repeatedly without degradation or wear.

Sharing Rothman Kj Epidemiology An Introduction

Sharing Rothman Kj Epidemiology An Introduction with others can be a positive way to spread knowledge, encourage learning, and build communities around shared interests. However, responsible and legal sharing is essential to respect copyright laws and support the authors and publishers who create valuable content. Understanding what can and cannot be shared helps prevent legal issues and ensures ethical use of digital materials.

In general, only free, open-access, or public domain versions of Rothman Kj Epidemiology An Introduction may be shared freely. Public domain works are no longer protected by copyright and can be distributed without restrictions. Many classic texts, government publications, and educational resources fall into this category. Trusted platforms such as public libraries and reputable digital archives clearly label content that is legally shareable.

For copyrighted or paid editions of Rothman Kj Epidemiology An Introduction, direct file sharing is usually prohibited. Instead of sending copies, it is best to share official purchase links,

publisher pages, or authorized platforms where others can obtain the book legally. Recommending a book through legitimate channels supports content creators and ensures that readers receive accurate and complete versions.

Many eBook platforms provide built-in sharing features that allow limited access, previews, or recommendations without violating copyright. Some services even support temporary lending or family sharing within defined rules. Always review the platform's terms of use before sharing any content related to Rothman Kj Epidemiology An Introduction.

Ethical considerations when sharing

Beyond legal requirements, ethical considerations play an important role. Sharing unauthorized copies can harm authors and publishers by reducing potential income and discouraging future content creation. Supporting legal distribution ensures that high-quality Rothman Kj Epidemiology An Introduction materials continue to be produced and updated. Ethical sharing builds trust and sustainability within reading and learning communities.

Finding Reviews

Reading reviews is one of the most effective ways to choose the best edition of Rothman Kj Epidemiology An Introduction. With many versions, formats, and publishers available, reviews help readers avoid low-quality or poorly formatted editions and focus on content that meets their expectations.

Online bookstores often feature customer reviews and ratings that provide insights into readability, formatting quality, and overall satisfaction. Paying attention to detailed reviews can reveal common issues such as missing pages, poor editing, or compatibility problems with certain devices. Reviews that mention specific strengths or weaknesses are especially useful when selecting a digital version of Rothman Kj Epidemiology An Introduction.

Community-driven platforms such as Goodreads, Reddit, and specialized forums offer additional perspectives. These communities allow readers to discuss content in depth, compare editions, and share personal experiences. Recommendations from experienced readers or subject-matter enthusiasts can be particularly valuable when choosing educational or technical Rothman Kj Epidemiology An Introduction materials.

Professional reviews from blogs, academic journals, or reputable websites can also provide objective evaluations. These reviews often focus on content accuracy, relevance, and usefulness, making them helpful for students and professionals who rely on reliable information.

Evaluating review credibility

Not all reviews carry the same level of reliability. When reading reviews, consider the reviewer's background, level of detail, and consistency with other feedback. Multiple reviews highlighting similar strengths or weaknesses usually indicate a genuine

pattern. Avoid relying solely on extreme opinions and instead look for balanced assessments that discuss both pros and cons of the Rothman KJ Epidemiology An Introduction edition.

Using Audiobooks

Audiobooks offer an alternative way to experience Rothman KJ Epidemiology An Introduction content and are increasingly popular among modern readers. Instead of reading text, users listen to narrated versions, allowing them to engage with content while performing other tasks. Audiobooks are especially useful during commuting, exercising, or completing routine activities.

Platforms such as Audible, Google Audiobooks, Apple Books, and Scribd offer professionally narrated audiobooks of many Rothman KJ Epidemiology An Introduction titles. These versions often feature high-quality narration, clear pronunciation, and structured pacing that enhances understanding. Some audiobooks also include chapter navigation, bookmarks, and playback speed controls for added convenience.

For public domain works, platforms like LibriVox provide free audiobooks narrated by volunteers. While narration quality may vary, LibriVox remains a valuable resource for accessing classic or open-access versions of Rothman KJ Epidemiology An Introduction without cost. Listening to samples before committing to a full audiobook can help ensure a comfortable listening experience.

Audiobooks are particularly beneficial for auditory learners or individuals with visual impairments. They also help reduce screen time, making them a healthy alternative for extended content consumption. However, audiobooks may not be ideal for detailed study that requires frequent referencing, highlighting, or visual analysis.

Combining audiobooks with text

Many readers find value in combining audiobooks with digital or printed text. Listening while following along in the text can improve comprehension and retention. Others use audiobooks for initial exposure and then refer to the text version of Rothman Kj Epidemiology An Introduction for deeper study. This multi-format approach maximizes flexibility and learning efficiency.

Tracking Progress

Tracking reading progress is a powerful way to stay motivated and organized when engaging with Rothman Kj Epidemiology An Introduction. Monitoring progress helps readers set goals, manage time effectively, and reflect on what they have learned. Whether reading for leisure, study, or professional development, tracking tools enhance accountability and consistency.

Apps such as Goodreads, StoryGraph, and LibraryThing allow users to log books, track reading status, write reviews, and set annual or monthly reading goals. These platforms also offer personalized recommendations based on reading history, making it easier to discover related Rothman Kj Epidemiology An

Introduction materials.

For readers who prefer a more customized approach, spreadsheets or note-taking apps can serve as effective tracking tools. Creating a simple reading log that includes dates, chapters completed, key notes, and personal reflections helps organize learning and maintain focus. Digital notes can be linked directly to highlighted sections within Rothman KJ Epidemiology An Introduction for easy reference.

Using tracking for study and research

For academic or professional purposes, tracking progress goes beyond simple completion. Recording insights, questions, and references while reading Rothman KJ Epidemiology An Introduction creates a structured knowledge base that can be revisited later. This approach supports deeper understanding and improves long-term retention of information.

Tracking tools also help identify patterns in reading habits, such as preferred formats or optimal reading times. Understanding these patterns allows readers to adjust their routines for better productivity and enjoyment.

Community engagement and motivation

Sharing progress within reading communities can increase motivation and accountability. Many platforms allow users to join reading challenges, discussion groups, or book clubs centered around specific topics or genres. Engaging with others who are

also reading Rothman Kj Epidemiology An Introduction fosters discussion, insight exchange, and a sense of shared purpose.

However, sharing progress should always respect privacy preferences. Users can choose what information to make public and what to keep personal. Balanced participation ensures that tracking remains a supportive tool rather than a source of pressure.

Final thoughts on sharing and managing Rothman Kj Epidemiology An Introduction

Responsible sharing, informed selection, and effective tracking are key aspects of enjoying Rothman Kj Epidemiology An Introduction in the digital age. By respecting copyright, relying on trusted reviews, exploring audiobooks, and monitoring reading progress, readers can create a well-rounded and ethical reading experience. These practices not only enhance personal understanding but also contribute to a sustainable and supportive reading ecosystem built around high-quality Rothman Kj Epidemiology An Introduction content.